

## Carmel Treasures Retreat '23

The **Carmel Treasures Retreat** for students of class X was conducted in the month of August. Each class participated in the the retreat for two days where they reflected on Carmel values, analyzed their own value systems and behavior patterns and evaluated their spiritual experiences. The students learnt that achieving a successful and joyful life necessitates a life vision, making wise choices, and pursuing their goals. The retreat involved the students in prayer, meditation and personal sharing. Multimedia resources like videos and PowerPoint slides were used. Inspirational stories from the lives of Mother Veronica and other role models were woven in.

