

Pariksha Pe Charcha 2023

Pariksha Pe Charcha 2023 was held at Talkatora Stadium, Delhi on 27th January 2023. At the event, the honourable PM of the nation, Mr. Narendra Modi interacted with students, teachers and parents and counselled them about ways of dealing with the ever mounting academic pressure and stress. The session was attended by 19 students of Carmel Convent School, accompanied by teachers Shipra Sarkar and Maya Haldar.



At the event, Mr. Narendra Modi spoke at length about the necessity of time-management and multitasking in a student's life. Students were advised to adopt measures like DIGITAL FASTING to help avoid distractions during exam time. Giving the example of the story of 'The Thirsty Crow', Mr Narendra Modi, made the students understand that success comes to those who are able to strike a balance between hard work and smart work. He also encouraged the students to learn multiple languages as being multilingual would help them connect with people from both different parts of the country and the world.

The session not only addressed the anxieties faced by students, but also gave some useful tips to parents and teachers. Parents were advised to have reasonable expectations of their

children. Teachers were asked to ensure they only give constructive criticism to their students i.e. the sort of feedback that helps students identify areas of improvement and boost their performance and not the sort of feedback that leads them to feeling disheartened.